



YEAR IN REVIEW

2016 MEN'S INDOOR TRACK & FIELD YEAR IN REVIEW

Monday, February 22 - Tuesday, February 23

Birmingham, Ala. - CrossPlex - Host: Sun Belt Conference

MEN'S TEAM STANDINGS

RK	TEAM	PTS	HEAD COACH
1	Texas State	127.5	Jody Stewart
2	UTA	113.5	John Sauerhage
3	Arkansas State	102.5	Jim Patchell
4	South Alabama	94.5	Paul Brueske
5	Appalachian State	74.5	John Weaver
6	Louisiana	73.5	Lon Badeaux
7	ULM	58	J.D. Malone
8	Little Rock	17	Milton Williams

2016 FINAL RESULTS

MEN 60 METER DASH PRELIMINARIES

1, Rafael Scott, South Alabama, # 6.65Q. 2, Jaylen Bacon, Arkansas State, 6.67Q. 3, Jeryl Brazil, Louisiana, 6.78Q. 4, Demarcus Porter, Texas State, 6.72q. 5, William Buckley, App St, 6.83q. 6, Hanoj Carter, Louisiana, 6.84q. 7, Cody Schulz, Texas State, 6.85q. 8, Bismarck Ebiweh, Louisiana, 6.87q. 9, Elijah Ross, Arkansas State, 6.88. 10, Isaiah McBride, UTA, 6.89. 11, Tyler Taylor, ULM, 6.92. 12, Marshall McRae, App St, 6.97. 13, Deontre Haynes, UTA, 6.97. 14, Christian Clark, UTA, 6.98. 15, Roelf Pienaar, Arkansas State, 6.98. 16, Aaron George, Texas State, 7.03. 17, Cory Martin, Little Rock, 7.13. 18, Terrance Goodwin, Little Rock, 7.16. 19, Tarik Crear, UTA, 7.16.

MEN 60 METER DASH FINALS

1, Rafael Scott, South Alabama, 6.67. 2, Jeryl Brazil, Louisiana, 6.70. 3, Jaylen Bacon, Arkansas State, 6.70. 4, William Buckley, App St, 6.75. 5, Demarcus Porter, Texas State, 6.76. 6, Hanoj Carter, Louisiana, 6.78. 7, Bismarck Ebiweh, Louisiana, 6.86. 8, Cody Schulz, Texas State, 6.89.

MEN 200 METER DASH PRELIMINARIES

1, Jaylen Bacon, Arkansas State, 21.23q. 2, Rafael Scott, South Alabama, 21.24q. 3, Hanoj Carter, Louisiana, 21.30q. 4, Anthony Johnson, Texas State, 21.56q. 5, William Buckley, App St, 21.66q. 6, Lincoln Warren, Texas State, 21.77q. 7, Dexter Lee, Texas State, 21.82q. 8, Dylan Wood, Little Rock, 21.88q. 9, Mark Demus, ULM, 21.90. 10, Aaron George, Texas State, 21.90. 11, Deontre Haynes, UTA, 21.96. 12, D'Undre Mitchell, UTA, 21.99. 13, Andrew Tate, ULM, 21.99. 14, Tarik Crear, UTA, 22.05. 15, Marshall McRae, App St, 22.13. 16, Elijah Ross, Arkansas State, 22.23. 17, Cody Schulz, Texas State, 22.40. 18, Kendrick Dunn, Little Rock, 22.59. 19, Cory Martin, Little Rock, 23.09. 20, Terrance Goodwin, Little Rock, 23.92.

MEN 200 METER DASH FINALS

1, Hanoj Carter, Louisiana, 21.10. 2, Rafael Scott, South Alabama, 21.34. 3, Jaylen Bacon, Arkansas State, 21.40. 4, William Buckley, App St, 21.60. 5, Anthony Johnson, Texas State, 21.70. 6, Dexter Lee, Texas State, 21.72. 7, Lincoln Warren, Texas State, 21.73. 8, Dylan Wood, Little Rock, 22.17.

MEN 400 METER DASH PRELIMINARIES

1, Demarcus Porter, Texas State, 48.19q. 2, Anthony Johnson, Texas State, 48.29q. 3, Andrew Tate, ULM, 48.49q. 4, Dexter Lee, Texas State, 48.77q. 5, Lincoln Warren, Texas State, 48.87q. 6, Karl Goodman, UTA, 48.92q. 7, Travius Chambers, Arkansas State, 48.94q. 8, D'Undre Mitchell, UTA, 48.98q. 9, James Hilliard, Texas State, 49.21. 10, Erik Martinsson, UTA, 49.26. 11, Brenden Wallace, UTA, 49.38. 12, Mark Demus, ULM, 49.58. 13, Mark Watts, South Alabama, 49.61. 14, Clarence Simpkins, Arkansas State, 49.70. 15, Andre Johnson, ULM, 50.50. 16, Trey Edgerton, App St, 50.57. 17, Lamont Abraham, Louisiana, 50.90. 18, Henry Offiah, Arkansas State, 51.15. 19, Rondell Coleman, ULM, 51.45. --, Quinten Nash, Arkansas State, DNF.

MEN 400 METER DASH FINALS

1, Demarcus Porter, Texas State, 47.07. 2, Anthony Johnson, Texas State, 47.31. 3, Andrew Tate, ULM, 47.79. 4, Dexter Lee, Texas State, 48.22. 5, Lincoln Warren, Texas State, 48.65. 6, D'Undre Mitchell, UTA, 49.91. 7, Karl Goodman, UTA, 50.96. --, Travius Chambers, Arkansas State, DQ.

MEN 800 METER RUN PRELIMINARIES

1, Ryan Hastings, App St, 1:53.45Q. 2, DeQuad Binder, Texas State, 1:53.73Q. 3, Grayson Birka, UTA, 1:54.26q. 4, De'Vion Simpson, UTA, 1:54.34q. 5, Peter Ovendorf, App St, 1:54.34q. 6, Tyrone Jackson, Texas State, 1:54.41q. 7, Kyle Denomme, Texas State, 1:54.48q. 8, Zach VanGundy, Arkansas State, 1:54.66q. 9, Connor Julian, UTA, 1:54.74. 10, Andrew Harris, App St, 1:55.43. 11, Ryan DeLeon, UTA, 1:55.60. 12, Simba Walker-Williams, UTA, 1:55.83. 13, Jay-be van Rooyen, Arkansas State, 1:56.07. 14, Andre Brown, ULM, 1:58.44. 15, Kenneth Broyles, Little Rock, 2:01.73. 16, Joseph Aguilar, Little Rock, 2:04.12.

MEN 800 METER RUN FINALS

1, Ryan Hastings, App St, 1:52.01. 2, Tyrone Jackson, Texas State, 1:52.64. 3, DeQuad Binder, Texas State, 1:52.86. 4, Kyle Denomme, Texas State, 1:53.42. 5, Zach VanGundy, Arkansas State, 1:54.06. 6, De'Vion Simpson, UTA, 1:54.50. 7, Grayson Birka, UTA, 1:56.61. 8, Peter Ovendorf, App St, 1:57.54.

MEN 1 MILE RUN

1, Christoph Graf, South Alabama, 4:10.47. 2, Patrick Rohr, South Alabama, 4:10.79. 3, Joel Duren, UTA, 4:13.90. 4, Kyle Denomme, Texas State, 4:15.72. 5, Drew Mueller, Arkansas State, 4:15.96. 6, Grayson Birka, UTA, 4:16.39. 7, Grant Copeland, UTA, 4:16.74. 8, Rickus Jacobs, Arkansas State, 4:17.81. 9, Ben Rolader, South Alabama, 4:18.29. 10, Evan Georges, App St, 4:18.49. 11, Cameron Woodberry, UTA, 4:19.60. 12, Evan Laratta, App St, 4:21.05. 13, Zach Rail, Arkansas State, 4:22.80. 14, Methuselag Lagat, Little Rock, 4:24.66. 15, Jacob Chicola, Louisiana, 4:25.02. 16, Noe Belmares, Texas State, 4:25.42. 17, Christian Bergeron, Louisiana, 4:25.57. 18, Sebie O'Neil, ULM, 4:29.80. 19, Kenneth Broyles, Little Rock, 4:37.22.

MEN 3000 METER RUN

1, Christoph Graf, South Alabama, 8:15.97. 2, Craig Lautenslager, UTA, 8:19.97. 3, Michael Guerrero, UTA, 8:25.30. 4, Michael Ellis, App St, 8:25.38. 5, Wil Norris, Arkansas State, 8:25.97. 6, Eric Ojeda, UTA, 8:26.04. 7, Chris Anderson, App St, 8:30.92. 8, Patrick Rohr, South Alabama, 8:32.52. 9, Beau Robinson, Louisiana, 8:42.92. 10, Sean Bezdek, Louisiana, 8:55.96. 11, Kipkirui Victor, ULM, 8:57.49. 12, Andrew Vandenberg, App St, 9:00.41. 13, Isaac Ndirangu, ULM, 9:01.59. 14, Bryce Robinson, Louisiana, 9:02.13. 15, Chris Silva, ULM, 9:02.85. 16, Alberto Herrera, Little Rock, 9:11.92.

MEN 5000 METER RUN

1, Craig Lautenslager, UTA, 14:43.57. 2, Eric Ojeda, UTA, 14:43.91. 3, Michael Guerrero, UTA, 14:44.42. 4, Michael Ellis, App St, 14:49.17. 5, Wil Norris, Arkansas State, 14:57.62. 6, Beau Robinson, Louisiana, 14:57.65. 7, Rickus Jacobs, Arkansas State, 14:59.98. 8, Isaac Lalang, Little Rock, 15:01.43. 9, Chris Anderson, App St, 15:05.66. 10, Andrew Vandenberg, App St, 15:18.65. 11, Joseph Pena, Texas State, 15:23.47. 12, Katileho Dyoyi, South Alabama, 15:25.77. 13, Patrick Rohr, South Alabama, 15:33.60. 14, Drew Mueller, Arkansas State, 15:36.03. 15, Elias Keter, ULM, 15:42.24. 16, Joseph Meade, Texas State, 15:44.66. 17, Tyler Forde, UTA, 15:50.94. 18, Sean Bezdek, Louisiana, 15:59.56. --, Corbett Ourso, Louisiana, DNF. --, Bryce Robinson, Louisiana, DNF.



YEAR IN REVIEW

MEN 60 METER HURDLES PRELIMINARIES

1, Stanley Broaden, App St, # 8.01Q. 2, Tyler Hughes, Louisiana, # 8.04Q. 3, Jamil Peebles, Arkansas State, * 8.08Q. 4, Zodani Francois, Arkansas-Little Rock, # 8.06q. 5, Emeka Nwangwu, UTA, 8.12q. 6, Levaughn Battick, ULM, 8.14q. 7, Matt Dillon, South Alabama, 8.16q. 8, Larron Black, Texas State, 8.16q. 9, Petter Gustafsson, UTA, 8.17. 10, Ravaughn Pope, South Alabama, 8.21. 11, Billy Ellis, Arkansas State, 8.21. 12, Clarence Simpkins, Arkansas State, 8.25. 13, Morgan Cormier, Louisiana, 8.27. 14, Jonah Wiley, Arkansas State, 8.35. 15, Branden Perry, UTA, 8.49. 16, Brandon Smith, App St, 8.49. 17, Andre Phillips, ULM, 8.68. 18, Josh Jones, Little Rock, 9.06. --, Tiaan Steenkamp, Arkansas State, FS.

Men 60 Meter Hurdles Finals

1, Jamil Peebles, Arkansas State, 7.99#. 2, Stanley Broaden, App St, 8.02#. 3, Tyler Hughes, Louisiana, 8.02#. 4, Zodani Francois, Little Rock, 8.03#. 5, Levaughn Battick, ULM, 8.17. 6, Emeka Nwangwu, UTA, 8.21. 7, Larron Black, Texas State, 8.29. --, Matt Dillon, South Alabama, DQ.

Men 4x400 Meter Relay

1, Texas State 'A' (Demarcus Porter SO, Anthony Johnson SR, DeQuad Binder SR, Dexter Lee JR), 3:12.04. 2, UTA 'A' (D'Undre Mitchell FR, De'Vion Simpson JR, Brenden Wallace FR, Erik Martinsson FR), 3:12.15. 3, Arkansas State 'A' (Jamil Peebles SO, Clarence Simpkins FR, Henry Offiah SR, Travis Chambers SO), 3:16.85. 4, ULM 'A' (Andre Phillips JR, Andre Johnson FR, Mark Demus SR, Andrew Tate SR), 3:17.04. 5, App St 'A' (Trey Edgerton SR, Brandon Smith FR, Stanley Broaden SR, Ryan Hastings SO), 3:17.35. 6, South Alabama 'A' (Michael Smith JR, Larry Lombard FR, Matt Dillon SR, Rafael Scott SO), 3:20.67. 7, Little Rock 'A' (Zodani Francois JR, Dylan Wood SR, Kendrick Dunn JR, Kennedy Chumba JR), 3:21.55. 8, Louisiana 'A' (Bismarck Ebiweh SO, Tyler Hughes SO, Lamont Abraham JR, Morgan Cormier SR), 3:26.44.

MEN DISTANCE MEDLEY

1, UTA 'A' (Joel Duren SO, Erik Martinsson FR, Simba Walker-Williams FR, Grant Copeland JR), 10:03.68. 2, Texas State 'A' (Noe Belmares JR, DeQuad Binder SR, Tyrone Jackson JR, Kyle Denomme FR), 10:06.52. 3, App St 'A' (Evan Laratta SR, Ryan Hastings SO, Andrew Harris SR, Evan Georges SO), 10:07.50. 4, Arkansas State 'A' (Drew Mueller SR, Clarence Simpkins FR, Sean Martin FR, Rickus Jacobs SO), 10:09.04. 5, Arkansas-Little Rock 'A' (Kennedy Chumba JR, Kendrick Dunn JR, Methuselag Lagat SO, Isaac Lalang JR), 10:18.01. 6, South Alabama 'A' (Katheho Dyoyi JR, Larry Lombard FR, Cameron Ellis JR, Ben Rolader FR), 10:25.86. 7, ULM 'A' (Sebie O'Neil FR, Andre Johnson FR, Andre Brown SR, Elias Keter FR), 10:32.71. 8, Louisiana 'A' (Jacob Chicola JR, Lamont Abraham JR, Corbett Ourso SR, Dylan Heck SO), 10:48.19.

MEN HIGH JUMP

1, Roland Sales, UTA, 2.19m, (7-02.25). 2, Tiaan Steenkamp, Arkansas State, 2.16m, (7-01). 3, David Phillips, Arkansas State, 2.01m, (6-07). 4, Lezyon Legarde, South Alabama, 1.95m, (6-04.75). 5, Dionte Heath, Louisiana, 1.95m, (6-04.75). 6, Alex Triplett, Texas State, J1.95m, (6-04.75). 7, Nick Hinton, App St, J1.95m, (6-04.75). 8, Angus Sinclair, Louisiana, J1.95m, (6-04.75). 9, Branden Perry, UTA, J1.95m, (6-04.75). 10, Cole Finch, App St, 1.89m, (6-02.25). 11, Franz Beyer, Louisiana, 1.89m, (6-02.25). 12, Lebrun Nelson, ULM, J1.89m, (6-02.25). 13, Lane Adams, South Alabama, J1.89m, (6-02.25). --, Cameron Stokes, South Alabama, NH. --, Clint Ligon, Arkansas State, NH. --, David Seastrunk, UTA, NH.

MEN POLE VAULT

1, Sean Collins, South Alabama, 5.26m, (17-03). 2, Kyle Baudoin, Louisiana, 4.99m, (16-04.50). 3, Phillip Thomas, App St, J4.99m, (16-04.50). 4, Sam Bell, Arkansas State, 4.85m, (15-11). 5, Niel Giliomee, South Alabama, J4.85m, (15-11). 6, Christian Schiemann, UTA, 4.71m, (15-05.50). 7, Caleb Wisecarver, Louisiana, J4.71m, (15-05.50). 8, Cameron Stalnakar, Arkansas State, J4.71m, (15-05.50). 9, Michael Utecht, App St, J4.71m, (15-05.50). 10, Josh McDaniels, Louisiana, J4.71m, (15-05.50). 11, Michael Carr, Arkansas State, 4.57m, (15-00). 12, Isaac Grieder, ULM, J4.57m, (15-00). 13, Tyler Holenbeck, South Alabama, J4.57m, (15-00). --, Kody Breaux, Louisiana, NH. --, Chris Taylor, South Alabama, NH. --, Tristian Shaver, App St, NH. --, Matt Layne, App St, NH. --, Braden Moses, UTA, NH. --, Dylan Gale, UTA, NH. --, Patrick Quinn, App St, NH.

MEN LONG JUMP

1, Aaron George, Texas State, 7.64m, (25-00.75). 2, Roelf Pienaar, Arkansas State, 7.57m, (24-10). 3, Jemal Parharm, ULM, 7.52m, (24-08.25). 4, Roland Sales, UTA, 7.37m, (24-02.25). 5, Corey Wesley, ULM, 7.33m, (24-00.75). 6, Alvin Chikaeze, Texas State, 7.17m, (23-06.25). 7, Cody Schulz, Texas State, 7.14m, (23-05.25). 8, Jonah Wiley, Arkansas State, 7.12m, (23-04.50). 9, Isaiah McBride, UTA, 7.08m, (23-02.75). 10, Ricky Theyard, Louisiana, 6.91m, (22-08). 11, Tobi Fawehinmi, UTA, 6.87m, (22-06.50). 12, Desmond Gulley, Little Rock, 6.86m, (22-06.25). 13, Berron Tyson, South Alabama, 6.74m, (22-01.50). 14, Michael Madu, Texas State, 6.70m, (21-11.75). 15, Kimani Hoffman, App St, 6.57m, (21-06.75). 16, David Brefo, UTA, 6.48m, (21-03.25). 17, Nghia Dinh, Little Rock, 6.36m, (20-10.50).

MEN TRIPLE JUMP

1, Roelf Pienaar, Arkansas State, 15.73m, (51-07.25). 2, Lebrun Nelson, ULM, 15.40m, (50-06.25). 3, Tobi Fawehinmi, UTA, 15.27m, (50-01.25). 4, Alvin Chikaeze, Texas State, 15.22m, (49-11.25). 5, Desmond Gulley, Little Rock, 15.00m, (49-02.50). 6, Corey Wesley, ULM, 14.89m, (48-10.25). 7, Lezyon Legarde, South Alabama, 14.82m, (48-07.50). 8, Ricky Theyard, Louisiana, 14.77m, (48-05.50). 9, Michael Madu, Texas State, 14.75m, (48-04.75). 10, Kimani Hoffman, App St, 14.66m, (48-01.25). 11, David Brefo, UTA, 14.49m, (47-06.50). 12, Jemal Parharm, ULM, 14.27m, (46-10). 13, Nghia Dinh, Little Rock, 14.02m, (46-00). 14, Aaron George, Texas State, 13.62m, (44-08.25). 15, Cody Schulz, Texas State, 13.55m, (44-05.50). --, Isaiah Relliford, App St, FOUU.

MEN SHOT PUT

1, Tristan Whitehall, Louisiana, 17.51m, (57-05.50). 2, Nathan Milch, App St, 17.30m, (56-09.25). 3, Roman Rodriguez, Texas State, 16.46m, (54-00). 4, Jordan Huckaby, Texas State, J16.46m, (54-00). 5, Zach Blahnik, South Alabama, 16.28m, (53-05). 6, T'Mond Johnson, Texas State, 16.23m, (53-03). 7, John Leonard, App St, 16.11m, (52-10.25). 8, Jan-Louw Kotze, South Alabama, 16.10m, (52-10). 9, Ellsworth Parham, App St, 15.99m, (52-05.50). 10, Spencer Nezat, Louisiana, 15.24m, (50-00). 11, Matt Weinhold, South Alabama, 15.17m, (49-09.25). 12, Jevaughn Shaw, ULM, 15.08m, (49-05.75). 13, Cristian Ravar Ladislau, Arkansas State, 14.66m, (48-01.25). 14, Juan Pimentel, Arkansas State, 14.61m, (47-11.25). 15, Kyle Weiss, ULM, 14.59m, (47-10.50). 16, Thomas Boyd, South Alabama, 14.55m, (47-09). 17, Kenneth Nassar, Louisiana, 14.35m, (47-01). 18, Micah Dye, ULM, 14.26m, (46-09.50). 19, Alton Clay, ULM, 14.08m, (46-02.50). 20, Richard Delphin, Louisiana, 13.71m, (44-11.75). 21, Beau Eggers, UTA, 13.48m, (44-02.75).

NUMBER OF TEAM CHAMPIONSHIP TITLES

MEN'S TEAM CHAMPIONSHIPS

Team	# of Titles	Years Won
* Middle Tennessee	7	2011, 2009, 2006, 2004, 2003, 2002, 2001
Arkansas State	6	2015, 2007, 2000, 1998, 1997, 1994
Louisiana	4	1996, 1995, 1993, 1992
* Western Kentucky	4	2013, 2012, 2010, 2008
South Alabama	2	2007, 2005
UTA	1	2014
Texas State	1	2016

* - Institution is no longer in the Sun Belt



YEAR IN REVIEW

MEN WEIGHT THROW

1, Alton Clay, ULM, 18.70m, [61-04.25]. 2, Jan-Louw Kotze, South Alabama, 18.62m, [61-01.25]. 3, Jordan Huckaby, Texas State, 18.19m, [59-08.25]. 4, Nathan Milch, App St, 17.77m, [58-03.75]. 5, Cristian Ravar Ladislau, Arkansas State, 17.51m, [57-05.50]. 6, Renaldo Frechou, South Alabama, 17.18m, [56-04.50]. 7, Richard Delphin, Louisiana, 17.01m, [55-09.75]. 8, Jobi Finau, South Alabama, 16.50m, [54-01.75]. 9, Mason Lasater, App St, 16.44m, [53-11.25]. 10, Tristan Whitehall, Louisiana, 16.21m, [53-02.25]. 11, John Leonard, App St, 15.97m, [52-04.75]. 12, Zach Blahnik, South Alabama, 15.85m, [52-00]. 13, Juan Pimentel, Arkansas State, 15.73m, [51-07.25]. 14, Thomas Boyd, South Alabama, 15.57m, [51-01]. 15, Landon Carroll, Louisiana, 15.08m, [49-05.75]. 16, T'Mond Johnson, Texas State, 15.00m, [49-02.50]. 17, Ellsworth Parham, App St, 14.28m, [46-10.25]. 18, Micah Dye, ULM, 11.25m, [36-11].

HEPTATHLON: #1 MEN 60 METER DASH HEPTATHLON

1, Isaac Grieder, ULM, 7.08. 2, Christian Schiemann, UTA, 7.24. 3, Niel Giliomee, South Alabama, 7.25. 4, Angus Sinclair, Louisiana, 7.27. 5, Clint Ligon, Arkansas State, 7.34. 6, Kaden Frazier, Louisiana, 7.47. 7, Lane Adams, South Alabama, 7.50. 8, Brice Chaney, ULM, 7.50. 9, David Phillips, Arkansas State, 7.53. 10, Franz Beyer, Louisiana, 7.58. 11, Jackson Powers, App St, 7.61. 12, Cameron Stokes, South Alabama, 7.67. 13, Dalton Romero, Arkansas State, 7.74. 14, Ben Brunson, App St, 7.81.

HEPTATHLON: #7 MEN 1000 METER RUN HEPTATHLON

1, Franz Beyer, Louisiana, 2:45.04. 2, Jackson Powers, App St, 2:49.11. 3, Clint Ligon, Arkansas State, 2:50.79. 4, Christian Schiemann, UTA, 2:53.67. 5, Angus Sinclair, Louisiana, 2:55.17. 6, Dalton Romero, Arkansas State, 2:58.01. 7, Isaac Grieder, ULM, 2:59.50. 8, Niel Giliomee, South Alabama, 3:00.19. 9, Ben Brunson, App St, 3:02.15. 10, Cameron Stokes, South Alabama, 3:03.87. 11, Lane Adams, South Alabama, 3:04.75. 12, Brice Chaney, ULM, 3:05.58. 13, David Phillips, Arkansas State, 3:06.06. 14, Kaden Frazier, Louisiana, 3:18.67.

HEPTATHLON: #5 MEN 60 METER HURDLES HEPTATHLON

1, Christian Schiemann, UTA, 8.48*. 2, Isaac Grieder, ULM, 8.51*. 3, Clint Ligon, Arkansas State, 8.57*. 4, Franz Beyer, Louisiana, 8.74. 5, Niel Giliomee, South Alabama, 8.89. 6, Brice Chaney, ULM, 8.89. 7, David Phillips, Arkansas State, 8.90. 8, Angus Sinclair, Louisiana, 9.08. 9, Lane Adams, South Alabama, 9.09. 10, Cameron Stokes, South Alabama, 9.16. 11, Dalton Romero, Arkansas State, 9.34. 12, Kaden Frazier, Louisiana, 9.65. 13, Jackson Powers, App St, 9.75. 14, Ben Brunson, App St, 9.99.

HEPTATHLON: #4 MEN HIGH JUMP HEPTATHLON

1, Franz Beyer, Louisiana, 2.03m#, [6-08]. 2, David Phillips, Arkansas State, 2.00m#, [6-06.75]. 3, Angus Sinclair, Louisiana, 1.94m*, [6-04.25]. 4, Clint Ligon, Arkansas State, 1.91m, [6-03.25]. 5, Lane Adams, South Alabama, 1.85m, [6-00.75]. 6, Kaden Frazier, Louisiana, 1.82m, [5-11.50]. 7, Isaac Grieder, ULM, 1.79m, [5-10.50]. 8, Cameron Stokes, South Alabama, 1.76m, [5-09.25]. 8, Christian Schiemann, UTA, 1.76m, [5-09.25]. 8, Brice Chaney, ULM, 1.76m, [5-09.25]. 11, Dalton Romero, Arkansas State, 1.73m, [5-08]. 12, Niel Giliomee, South Alabama, 1.70m, [5-07]. 13, Ben Brunson, App St, 1.67m, [5-05.75]. 13, Jackson Powers, App St, 1.67m, [5-05.75].

HEPTATHLON: #6 MEN POLE VAULT HEPTATHLON

1, Niel Giliomee, South Alabama, 4.95m, [16-02.75]. 2, Isaac Grieder, ULM, 4.85m, [15-11]. 3, Christian Schiemann, UTA, 4.65m, [15-03]. 4, Clint Ligon, Arkansas State, 4.55m, [14-11]. 5, Franz Beyer, Louisiana, 4.25m, [13-11.25]. 5, Cameron Stokes, South Alabama, 4.25m, [13-11.25]. 7, Angus Sinclair, Louisiana, 4.15m, [13-07.25]. 7, David Phillips, Arkansas State, 4.15m, [13-07.25]. 9, Lane Adams, South Alabama, 4.05m, [13-03.50]. 10, Jackson Powers, App St, 3.85m, [12-07.50]. 10, Ben Brunson, App St, 3.85m, [12-07.50]. 12, Brice Chaney, ULM, 3.75m, [12-03.50]. 13, Dalton Romero, Arkansas State, 3.45m, [11-03.75]. --, Kaden Frazier, Louisiana, NH.

HEPTATHLON: #2 MEN LONG JUMP HEPTATHLON

1, Franz Beyer, Louisiana, 6.89m#, [22-07.25]. 2, Angus Sinclair, Louisiana, 6.74m, [22-01.50]. 3, Isaac Grieder, ULM, 6.67m, [21-10.75]. 4, Niel Giliomee, South Alabama, 6.61m, [21-08.25]. 5, David Phillips, Arkansas State, 6.50m, [21-04]. 6, Christian Schiemann, UTA, 6.42m, [21-00.75]. 7, Clint Ligon, Arkansas State, 6.36m, [20-10.50]. 8, Lane Adams, South Alabama, 6.25m, [20-06.25]. 9, Kaden Frazier, Louisiana, 6.14m, [20-01.75]. 10, Cameron Stokes, South Alabama, 5.96m, [19-06.75]. 11, Dalton Romero, Arkansas State, 5.91m, [19-04.75]. 12, Jackson Powers, App St, 5.54m, [18-02.25]. 13, Brice Chaney, ULM, 5.49m, [18-00.25]. --, Ben Brunson, App St, FOUL.

HEPTATHLON: #3 MEN SHOT PUT HEPTATHLON

1, Christian Schiemann, UTA, 13.72m#, [45-00.25]. 2, Isaac Grieder, ULM, 13.07m, [42-10.75]. 3, Lane Adams, South Alabama, 12.60m, [41-04.25]. 4, Angus Sinclair, Louisiana, 12.50m, [41-00.25]. 5, Franz Beyer, Louisiana, 12.49m, [40-11.75]. 6, Jackson Powers, App St, 11.71m, [38-05]. 7, David Phillips, Arkansas State, 11.58m, [38-00]. 8, Brice Chaney, ULM, 11.34m, [37-02.50]. 9, Niel Giliomee, South Alabama, 10.74m, [35-03]. 10, Clint Ligon, Arkansas State, 10.64m, [34-11]. 11, Dalton Romero, Arkansas State, 10.10m, [33-01.75]. 12, Ben Brunson, App St, 9.97m, [32-08.50]. 13, Kaden Frazier, Louisiana, 9.09m, [29-10]. 14, Cameron Stokes, South Alabama, 9.07m, [29-09.25].

MEN HEPTATHLON

1, Isaac Grieder, ULM, 5273. 2, Franz Beyer, Louisiana, 5252. 3, Christian Schiemann, UTA, 5179. 4, Clint Ligon, Arkansas State, 5053. 5, Angus Sinclair, Louisiana, 5027. 6, Niel Giliomee, South Alabama, 4920. 7, David Phillips, Arkansas State, 4817. 8, Lane Adams, South Alabama, 4642. 9, Cameron Stokes, South Alabama, 4286. 10, Brice Chaney, ULM, 4281. 11, Jackson Powers, App St, 4217. 12, Dalton Romero, Arkansas State, 4091. 13, Kaden Frazier, Louisiana, 3517. 14, Ben Brunson, App St, 3382.



RECORD BOOK

MEN'S CONFERENCE CHAMPIONS

YEAR	CHAMPION	POINTS	RUNNER-UP	SITE
1992	Louisiana	143	Louisiana Tech	Jonesboro, Ark.
1993	Louisiana	123.5	Arkansas State	Jonesboro, Ark.
1994	Arkansas State	175	Louisiana	Jonesboro, Ark.
1995	Louisiana	136	Louisiana Tech	Jonesboro, Ark.
1996	Louisiana	125	Louisiana Tech	Jonesboro, Ark.
1997	Arkansas State	119	Southwestern Louisiana	Jonesboro, Ark.
1998	Arkansas State	100.5	Southwestern Louisiana	Jonesboro, Ark.
1999	Louisiana Tech	111	Western Kentucky	Jonesboro, Ark.
2000	Arkansas State	100.5	Louisiana	Jonesboro, Ark.
2001	Middle Tennessee	104	Louisiana Tech	Jonesboro, Ark.
2002	Middle Tennessee	126	Western Kentucky	Murfreesboro, Tenn.
2003	Middle Tennessee	157	Arkansas State	Jonesboro, Ark.
2004	Middle Tennessee	124	Louisiana	Murfreesboro, Tenn.
2005	South Alabama	138	Arkansas State	Jonesboro, Ark.
2006	Middle Tennessee	153	South Alabama	Murfreesboro, Tenn.
2007	Arkansas State	129	Western Kentucky	Jonesboro, Ark.
2007	South Alabama	129	Western Kentucky	Jonesboro, Ark.
2008	Western Kentucky	128	Middle Tennessee	Murfreesboro, Tenn.
2009	Middle Tennessee	131	Western Kentucky	Jonesboro, Ark.
2010	Western Kentucky	136	North Texas	Murfreesboro, Tenn.
2011	Middle Tennessee	126	Western Kentucky	Jonesboro, Ark.
2012	Western Kentucky	160.5	Middle Tennessee	Murfreesboro, Tenn.
2013	Western Kentucky	139	North Texas	Jonesboro, Ark.
2014				
2015				
2016				

1996 (Convocation Center, Jonesboro, Ark.)

1	Louisiana	125
2	Louisiana Tech	110
3	Arkansas State	65
4	New Orleans	43
5	South Alabama	38
6	Western Kentucky	37
7	Texas-Pan American	22
8	Lamar	17
9	Little Rock	8

Outstanding Meet Performer

Winston Sinclair, Louisiana

Top Scoring Performer

Winston Sinclair, Louisiana (20 pts)
Curtis Brown, Louisiana Tech (20 pts)
Nicholas Aliwell, Western Kentucky (20 pts)

Coach of the Year

Charles Lancon, Louisiana

1997 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	119
2	Southwestern Louisiana	93
3	Louisiana Tech	86
4	South Alabama	64
5	Western Kentucky	48
6	Little Rock	27
7	Lamar	26
8	Texas-Pan American	22
9	New Orleans	11

Outstanding Meet Performer

Bryant Wesco, Louisiana Tech

Top Scoring Performer

Bryant Wesco, Louisiana Tech (26 pts)

Coach of the Year

Jay Flanagan, Arkansas State

1998 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	100.5
2	Southwestern Louisiana	89.5
3	Louisiana Tech	67.5
4	Little Rock	62
5	Lamar	58.5
6	Western Kentucky	33
7	Jacksonville	29
8	Texas-Pan American	26
9	South Alabama	16
10	New Orleans	12

Outstanding Meet Performer

Leo Settle, Little Rock

Top Scoring Performer

Leo Settle, Little Rock (30 pts)

Coach of the Year

Jay Flanagan, Arkansas State

MEN'S INDOOR TRACK & FIELD TEAM RESULTS

1992 (Convocation Center, Jonesboro, Ark.)

1	Louisiana	143
2	Louisiana Tech	109
3	Arkansas State	97
4	Western Kentucky	35
5	South Alabama	30
6	Lamar	28
7	Texas-Pan American	14
8	New Orleans	7

Outstanding Meet Performer

Sean Dollman, Western Kentucky
Larry Moore, Louisiana

Coach of the Year

Charles Lancon

1993 (Convocation Center, Jonesboro, Ark.)

1	Louisiana	123.5
2	Arkansas State	119
3	Louisiana Tech	63
4	Lamar	52.5
6	South Alabama	35
6	Western Kentucky	32
7	New Orleans	19.5
8	Texas-Pan American	19.5

Outstanding Meet Performer

Grady Labbe, Louisiana

Coach of the Year

Charles Lancon, Louisiana

1994 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	175
2	Louisiana	125.5
3	Louisiana Tech	47.5
3	Western Kentucky	41
5	Lamar	22
6	New Orleans	22
7	Texas-Pan American	22
8	South Alabama	12

Outstanding Meet Performer

Jakob Jensen, Arkansas State
Nicholas Aliwell, Western Kentucky

Coach of the Year

Jay Flanagan, Arkansas State

1995 (Convocation Center, Jonesboro, Ark.)

1	Louisiana	136
2	Louisiana Tech	102
3	Arkansas State	87
4	Texas-Pan American	35
5	Lamar	28
6	New Orleans	24
7	South Alabama	23
8	Western Kentucky	20
9	Little Rock	9

Outstanding Meet Performer

Damon Curtis, Louisiana Tech

Coach of the Year

Charles Lancon, Louisiana



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MEN'S INDOOR TRACK & FIELD TEAM RESULTS

1999 (Convocation Center, Jonesboro, Ark.)

1	Louisiana Tech	111
2	Western Kentucky	104
3	Arkansas State	96
4	FIU	65
5	Louisiana	58
6	Little Rock	29
7	South Alabama	24
8	New Orleans	8

Outstanding Meet Performer

Aaron Mullins, Western Kentucky

Top Scoring Performer

Bryant Wesco, Louisiana Tech (26pts)

Coach of the Year

Gary Stanley, Louisiana Tech

2000 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	127.5
2	Louisiana	100.5
3	Louisiana Tech	99
4	South Alabama	97
5	FIU	76
6	Western Kentucky	61
7	Little Rock	28
8	New Orleans	28

Outstanding Meet Performer

David Kimani, South Alabama
Ahville Black, Louisiana Tech

Top Scoring Performer

David Kimani, South Alabama (32.5)

Coach of the Year

Jay Flanagan, Arkansas State

2001 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	104
2	Louisiana Tech	101.5
3	Arkansas State	96
4	North Texas	95
5	South Alabama	71
6	Louisiana	61
7	FIU	36
8	Western Kentucky	26.5
9	Little Rock	21
10	New Orleans	10

Outstanding Meet Performer

Ahville Black, Louisiana Tech

Top Scoring Performer

Seth Bortey, Arkansas State

Coach of the Year

Dean Hayes, Middle Tennessee

2002 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	126
2	Western Kentucky	100.5
3	Arkansas State	93.5
4	North Texas	71
5	Little Rock	66
6	Louisiana	56
7	FIU	48
8	South Alabama	38
9	New Orleans	25

Outstanding Field Performer

Lawrence Willis, Louisiana

Outstanding Track Performer

Jonathan Brown, Western Kentucky

Top Scoring Performer

Jonathan Brown, Western Kentucky (24 pts)

Coach of the Year

Dean Hayes, Middle Tennessee

2003 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	157
2	Arkansas State	100
3	Western Kentucky	66
4	Louisiana	63
5	FIU	60
6	North Texas	55
7	Little Rock	52
8	New Orleans	36
9	South Alabama	34

Outstanding Field Performer

Candon Powell, Arkansas State

Outstanding Track Performer

Mardy Scales, Middle Tennessee

Top Scoring Performer

Mesut Yavas, Arkansas State (21 pts)

Coach of the Year

Dean Hayes, Middle Tennessee

2004 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	124
2	Louisiana	112
3	Western Kentucky	97
4	South Alabama	70
5	North Texas	61
6	Little Rock	60
7	Arkansas State	45
8	New Orleans	30
9	FIU	24

Outstanding Field Performer

Lawrence Willis, Louisiana

Outstanding Track Performer

Mardy Scales, Middle Tennessee

Top Scoring Performer

Lawrence Willis, Louisiana (23 pts)

Coach of the Year

Lance Veazey, Louisiana

2005 (Convocation Center, Jonesboro, Ark.)

1	South Alabama	138
2	Arkansas State	124
3	Middle Tennessee	76.5
4	Little Rock	68
5	Louisiana	56
6	Western Kentucky	52
7	FIU	45.5
8	North Texas	42
9	New Orleans	22

Outstanding Field Performer

Candon Powell, Arkansas State

Outstanding Track Performer

Tonny Okello, South Alabama

Top Scoring Performer

Tonny Okello, South Alabama (32.5 pts)

Coach of the Year

Lee Evans, South Alabama

2006 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	153
2	South Alabama	147
3	Arkansas State	108.5
4	Texas State	71
5	Western Kentucky	63
6	FIU	54.5
7	New Orleans	32
8	Louisiana	20
9	Little Rock	14

Outstanding Field Performer

James Thomas, Middle Tennessee

Outstanding Track Performer

Vincent Rono, South Alabama

Freshman of the Year

Darreal Beal, Arkansas State

Top Scoring Performer

Vincent Rono, South Alabama (40 pts)

Coach of the Year

Dean Hayes, Middle Tennessee

2007 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	129
	South Alabama	129
3	Western Kentucky	85
4	Middle Tennessee	84.5
5	North Texas	75
6	FIU	53.5
7	ULM	49
8	Little Rock	30
9	Louisiana	27

Outstanding Field Performer

Matthew Tait, Western Kentucky

Outstanding Track Performer

Vincent Rono, South Alabama

Freshman of the Year

Justin Arceneaux, Louisiana

Top Scoring Performer

Vincent Rono, South Alabama (40.5 pts)

Coach of the Year

Lee Evans, South Alabama



RECORD BOOK

MEN'S INDOOR TRACK & FIELD TEAM RESULTS

2008 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	128
2	Middle Tennessee	121
3	North Texas	74.5
4	Arkansas State	72
5	South Alabama	71
5	ULM	59.5
7	Little Rock	58
8	FIU	46
9	Louisiana	30

Outstanding Field Performer

Carl Morgan, Middle Tennessee
Matt Taitt, Western Kentucky

Outstanding Track Performer

Micah Tirop, South Alabama

Freshman of the Year

Festus Chemaoui, Middle Tennessee

Top Scoring Performer

Micah Tirop, South Alabama (24.5 pts)

Coach of the Year

Erik Jenkins, Western Kentucky

2009 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	131
2	Western Kentucky	127
3	ULM	90
4	Arkansas State	77.5
5	North Texas	69
6	South Alabama	60.5
7	Louisiana	55
8	Little Rock	34
9	FIU	19

Outstanding Field Performer

Carl Morgan, Middle Tennessee

Outstanding Track Performer

Festus Chemaoui, Middle Tennessee

Freshman of the Year

Top Scoring Performer

Festus Chemaoui, Middle Tennessee (33 pts) 33

Coach of the Year

2010 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	136
2	North Texas	98
3	Louisiana	92
4	Middle Tennessee	87
5	Arkansas State	72
6	South Alabama	69
7	ULM	65
8	Little Rock	29
9	FIU	14

Outstanding Field Performer

Brian Soverns, Western Kentucky

Outstanding Track Performer

Keyth Talley, North Texas

Freshman of the Year

Solomon Williams, Arkansas State

Top Scoring Performer

Festus Chemaoui, Middle Tennessee (30 pts)

Coach of the Year

Charlie Mahfouz, Louisiana

2011 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	126
2	Western Kentucky	103
3	North Texas	95
4	Arkansas State	91
5	Louisiana	76
6	Little Rock	62
7	FIU	46
8	ULM	39
9	South Alabama	23

Outstanding Field Performer

Jordan Wehr, North Texas

Outstanding Track Performer

Justus David, Middle Tennessee

Freshman of the Year

David Mokone, Western Kentucky

Top Scoring Performer

Justus David, Middle Tennessee (33 pts)

Coach of the Year

Dean Hayes, Middle Tennessee

2012 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	160.5
2	Middle Tennessee	101.5
3	Arkansas State	90.5
4	Louisiana	84.5
5	South Alabama	62
6	ULM	61
7	Little Rock	53
8	North Texas	37
9	FIU	12

Outstanding Field Performer

Cordairo Golden, Middle Tennessee

Outstanding Track Performer

David Mokone, Western Kentucky

Freshman of the Year

Sander Maes, Louisiana

Top Scoring Performer

Cordairo Golden, Middle Tennessee (23 pts)

Coach of the Year

Erik Jenkins, Western Kentucky

2013 (Convocation Center, Jonesboro, Ark.)

1	Western Kentucky	139
2	North Texas	126
3	Arkansas State	104
4	Middle Tennessee	77
5	Louisiana	69
6	South Alabama	54
7	ULM	35
8	FIU	34
9	Little Rock	24
10	Georgia State	1

Outstanding Field Performer

Cordairo Golden, Middle Tennessee

Outstanding Track Performer

David Mokone, Western Kentucky

Freshman of the Year

Sander Maes, Louisiana

Top Scoring Performer

David Mokone, Western Kentucky (28 pts)

Coach of the Year

Erik Jenkins, Western Kentucky



RECORD BOOK

MEN'S INDOOR TRACK & FIELD TEAM RESULTS

2014 (CrossPlex, Birmingham, Ala.)

1	UTA	185
2	Western Kentucky	149
3	Texas State	79
4	South Alabama	76.66
5	Arkansas State	74.33
6	Louisiana	46
7	ULM	44
8	Little Rock	8

Outstanding Field Performer
Justin Victor, Louisiana

Outstanding Track Performer
Emil Blomberg, UTA

Freshman of the Year
Ventavius Sears, Western Kentucky

Top Scoring Performer
Emil Blomberg, UTA (28 pts)

Coach of the Year
John Sauerhage, UTA

2016 (CrossPlex, Birmingham, Ala.)

1	Texas State	127.5
2	UTA	113.5
3	Arkansas State	102.5
4	South Alabama	94.5
5	Appalachian State	74.5
6	Louisiana	73.5
7	ULM	58
8	Little Rock	17

Outstanding Field Performer
Roelf Pienaar, Arkansas State

Outstanding Track Performer
Christoph Graf, South Alabama

Freshman of the Year
Sean Collins, South Alabama

Top Scoring Performer
Christoph Graf, South Alabama (20 pts)

Coach of the Year
Jody Stewart, Texas State

2015 (CrossPlex, Birmingham, Ala.)

1	Arkansas State	132.5
2	UTA	129.5
3	Texas State	119.5
4	South Alabama	85
5	Louisiana	68.5
6	Appalachian State	66
7	ULM	39
8	Little Rock	22

Outstanding Field Performer
Roelf Pienaar, Arkansas State

Outstanding Track Performer
Emil Blomberg, UTA

Freshman of the Year
Jaylen Bacon, Arkansas State

Top Scoring Performer
Quentin Butler, UTA (22 pts)

Coach of the Year
Jim Patchell, Arkansas State



RECORD BOOK

2016 WOMEN'S INDOOR TRACK & FIELD YEAR IN REVIEW

Monday, February 22 - Tuesday, February 23
Birmingham, Ala. - CrossPlex - Host: Sun Belt Conference

WOMEN'S TEAM STANDINGS

Table with 4 columns: RK, TEAM, PTS, HEAD COACH. Lists top 11 teams including Appalachian State, Texas State, Arkansas State, Georgia State, South Alabama, UTA, Troy, Little Rock, Louisiana, Georgia Southern, and ULM.

2016 FINAL RESULTS

WOMEN 60 METER DASH PRELIMINARIES

1, Kristina Knott, Arkansas State, 7.34Q. 2, Ravin Gilbert, Georgia State, 7.40Q. 3, Tramesha Hardy, Texas State, 7.52Q. 4, Darlene Girardeau, App St, 7.58Q. 5, Jasmin Walker, Georgia Southern, 7.57q. 6, Rickitha Hicks, Little Rock, 7.58q. 7, Kaylee Krenek, Texas State, 7.59q. 8, Alexis Baldwin, UTA, 7.59q. 9, Sydney Wright, Troy, 7.61. 10, De'Airis Weakley, Arkansas State, 7.63. 11, Nia Dornier, Texas State, 7.64. 12, Katherine Randolph, Georgia State, 7.64. 13, Gabrielle Henderson, Troy, 7.74. 14, Kristiana Watson, Arkansas State, 7.75. 15, Tatiyana Rayford, Georgia Southern, 7.76. 15, Chasin Gladdis, Georgia Southern, 7.76. 17, Anika Charles, Little Rock, 7.76. 18, Ke'Andrea Wilson, ULM, 7.77. 19, Arien Hardin, UTA, 7.79. 20, Cameia Alexander, Troy, 7.81. 21, Chanell O'Conner, Arkansas State, 7.81. 22, Desiree Blunt, Georgia Southern, 7.81. 23, Tyriete Dixon, UTA, 7.81. 24, Dajah Guidry, Louisiana, 7.84. 25, Sierra King, Troy, 8.01. 26, Aundria Douglas, Georgia Southern, 8.10. --, Jada Steward, Georgia State, FS.

WOMEN 60 METER DASH FINALS

1, Ravin Gilbert, Georgia State, 7.36. 2, Kristina Knott, Arkansas State, 7.42. 3, Darlene Girardeau, App St, 7.50. 4, Tramesha Hardy, Texas State, 7.54. 5, Alexis Baldwin, UTA, 7.60. 6, Rickitha Hicks, Little Rock, 7.65. 7, Kaylee Krenek, Texas State, 7.68. 8, Jasmin Walker, Georgia Southern, 8.92.

WOMEN 200 METER DASH PRELIMINARIES

1, Kristina Knott, Arkansas State, 23.95q. 2, Tramesha Hardy, Texas State, 24.03q. 3, Darlene Girardeau, App St, 24.46q. 4, Ravin Gilbert, Georgia State, 24.57q. 5, Niata Alexander, Troy, 24.62q. 6, Sydney Wright, Troy, 24.64q. 7, Alexis Baldwin, UTA, 24.71q. 8, Jada Steward, Georgia State, 24.82q. 9, Katherine Randolph, Georgia State, 24.86. 10, Nia Dornier, Texas State, 24.95. 11, Rickitha Hicks, Little Rock, 25.03. 12, Ke'Andrea Wilson, ULM, 25.11. 13, Kayla Thompson, Louisiana, 25.13. 14, De'Airis Weakley, Arkansas State, 25.14. 15, Anika Charles, Arkansas-Little Rock, 25.14. 16, Chanell O'Conner, Arkansas State, 25.17. 17, Cameia Alexander, Troy, 25.24. 18, Asha Stegall, Georgia Southern, 25.38. 19, Desiree Blunt, Georgia Southern, 25.41. 20, Mikayla Williams, UTA, 25.45. 21, Catherine Crawford, App St, 25.48. 22, Imani Chapman, App St, 25.56. 23, Kristiana Watson, Arkansas State, 25.61. 24, Chasin Gladdis, Georgia Southern, 25.64. 25, Brianna McClure, UTA, 25.68. 26, Christina Nickerson, Little Rock, 25.75. 27, Tyriete Dixon, UTA, 25.83. 28, Sierra King, Troy, 25.89. 29, Jessica Gray, Little Rock, 26.23. 30, Eboni Smith, Little Rock, 26.47. 31, Akeia Joyner, Arkansas-Little Rock, 26.55. 32, Beyunka Foster, Georgia Southern, 26.85. --, Jasmin Walker, Georgia Southern, DNF.

WOMEN 200 METER DASH FINALS

1, Tramesha Hardy, Texas State, 23.61. 2, Kristina Knott, Arkansas State, 23.98. 3, Ravin Gilbert, Georgia State, 24.06. 4, Sydney Wright, Troy, 24.45. 5, Niata Alexander, Troy, 24.46. 6, Darlene Girardeau, App St, 24.53. 7, Jada Steward, Georgia State, 24.66. 8, Alexis Baldwin, UTA, 24.67.

WOMEN 400 METER DASH PRELIMINARIES

1, Keturah Smith, Arkansas State, 55.30q. 2, Sydney Davis, Georgia State, 56.34q. 3, Niata Alexander, Troy, 56.46q. 4, Alena Hrusoci, Louisiana, 56.58q. 5, Sydni Willis, Texas State, 56.62q. 6, Taylor Davis, UTA, 56.63q. 7, Dallas Worthy, Troy, 56.69q. 8, Erika Christian, Arkansas State, 56.91q. 9, Asha Stegall, Georgia Southern, 56.99. 10, Jasmyne Robinson, Georgia State, 57.06. 11, Ashlan Rosier, Georgia State, 57.28. 12, Bless Dupeh, Little Rock, 57.50. 13, Dasia Rolfe, UTA, 57.98. 14, Catherine Crawford, App St, 58.02. 15, Marina Swanepoel, South Alabama, 58.13. 16, Ifeoluwa Afon, Georgia State, 58.15. 17, Devyn Hosby, ULM, 58.19. 18, Brianna McClure, UTA, 58.28. 19, Hannah Siegmund, Louisiana, 58.32. 20, Brittany Miller, ULM, 58.84. 21, Breanna Thornton, Georgia Southern, 59.05. 22, D'Sharee Collins, Louisiana, 1:00.16. 23, Eboni Smith, Little Rock, 1:00.24. 24, Alexis Morton, ULM, 1:00.49. 25, Victoria Bowie, ULM, 1:00.57. 26, Mecca Day, Georgia Southern, 1:00.73. 27, Aliya Parker, Georgia Southern, 1:00.91. 28, Jessica Gray, Little Rock, 1:01.00. 29, Akeia Joyner, Arkansas-Little Rock, 1:01.00. 30, Brittney Brasuell, Little Rock, 1:01.75. 31, Tyler Kelly, Little Rock, 1:02.73.

WOMEN 400 METER DASH FINALS

1, Keturah Smith, Arkansas State, 55.06. 2, Niata Alexander, Troy, 55.40. 3, Taylor Davis, UTA, 55.91. 4, Alena Hrusoci, Louisiana, 55.98. 5, Sydni Willis, Texas State, 56.15. 6, Sydney Davis, Georgia State, 56.38. 7, Dallas Worthy, Troy, 56.44. 8, Erika Christian, Arkansas State, 57.30.

WOMEN 800 METER RUN PRELIMINARIES

1, Danielle Castaldi, Louisiana, 2:13.74Q. 2, Anamarija Petters, UTA, 2:13.96Q. 3, Shelby Howell, App St, 2:14.44Q. 4, Amber Gilmore, Texas State, 2:14.09q. 5, Nuria Ramirez, Georgia State, 2:14.30q. 6, Bailey Willett, Georgia Southern, 2:14.82q. 7, Jillian Sloane, Georgia Southern, 2:15.18q. 8, Esther Oyetunde, Texas State, 2:15.33q. 9, Sarah Hoffert, App St, 2:15.58. 10, Andrea Perez, Arkansas State, 2:16.72. 11, Latricia Brooks, UTA, 2:16.97. 12, Tiarra Bailey, Troy, 2:18.66. 13, Erin Williams, Texas State, 2:18.97. 14, Brittany Garrison, ULM, 2:19.11. 15, Phylissa Greeley, App St, 2:19.19. 16, Naomi Sheppard, Troy, 2:19.53. 17, Maria Stickley, App St, 2:22.69. 18, Angelica Jacobs, Little Rock, 2:22.89. 19, Erika Kulp, Troy, 2:24.02. 20, Taylor Johnson, Georgia Southern, 2:35.24. --, Tamerah Gorham, UTA, DNF.

WOMEN 800 METER RUN FINALS

1, Nuria Ramirez, Georgia State, 2:12.83. 2, Anamarija Petters, UTA, 2:12.85. 3, Esther Oyetunde, Texas State, 2:13.91. 4, Danielle Castaldi, Louisiana, 2:15.41. 5, Bailey Willett, Georgia Southern, 2:15.81. 6, Jillian Sloane, Georgia Southern, 2:16.23. 7, Shelby Howell, App St, 2:16.80. --, Amber Gilmore, Texas State, DNF.

WOMEN 1 MILE RUN

1, Noora Wallenius, Little Rock, 4:56.12. 2, Katelyn Hayward, UTA, 4:57.18. 3, Laura Labuschaigne, South Alabama, 4:59.37. 4, Torre Moser, App St, 5:02.50. 5, Claire Hodges, Louisiana, 5:03.25. 6, Elisa Sargent, App St, 5:08.61. 7, Nicole Durham, South Alabama, 5:11.21. 8, Alivia Bryars, South Alabama, 5:11.95. 9, Nikki Sanchez, Texas State, 5:12.66. 10, Sara Zylstra, Troy, 5:13.42. 11, Maria Stickley, App St, 5:15.27. 12, Lindsay Shealy, Georgia State, 5:17.08. 13, Hailey Hesterman, Louisiana, 5:17.27. 14, Lindsay Mills, Arkansas State, 5:17.78. 15, Ashton Lord, Georgia Southern, 5:22.72. 16, Adela Hernandez, Little Rock, 5:28.77. 17, Bianca Loza, Georgia Southern, 5:31.47. 18, Chantelle Nicholls, Georgia Southern, 5:40.18. 19, Erin Mullican, Georgia Southern, 5:40.62. 20, Rebeca Solis, Little Rock, 5:42.46. 21, Jinni Pethel, Georgia Southern, 5:58.02. --, Kyandra Chandler, Arkansas State, DNF. --, Kailee Kiminski, South Alabama, DNF.

WOMEN 3000 METER RUN

1, Tristin Van Ord, App St, 9:43.54. 2, Noora Wallenius, Little Rock, 9:45.88. 3, Joanna McCoy, South Alabama, 9:47.13. 4, Stephanie Berger, Georgia State, 9:57.89. 5, Ashley Heitling, South Alabama, 9:59.37. 6, Carli Langley, Little Rock, 10:00.08. 7, Laura Labuschaigne, South Alabama, 10:03.58. 8, Abbey Dixon, Arkansas State, 10:06.22. 9, Gabriela Alfonso, UTA, 10:08.16. 10, Samantha Campanaro, App St, 10:10.34. 11, Dana Cox, App St, 10:12.16. 12, Tori Shelton, UTA, 10:12.26. 13, Courtney Musgrove, Louisiana, 10:18.44. 14, Emily Fedders, App St, 10:27.29. 15, Morgan Laushey, Georgia State, 10:39.51. 16, Adela Hernandez, Little Rock, 10:41.65. 17, Bianca Loza, Georgia Southern, 10:44.80. 18, Ashton Lord, Georgia Southern, 10:48.31. 19, Sakinah Omari, Georgia Southern, 12:10.20.



Sun Belt Conference INDOOR TRACK & FIELD



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WOMEN 5000 METER RUN

1, Tristin Van Ord, App St, 16:47.37. 2, Noora Wallenius, Arkansas-Little Rock, 16:55.42. 3, Joanna McCoy, South Alabama, 16:58.16. 4, Ashley Heitling, South Alabama, 16:59.55. 5, Gabriela Alfonso, UTA, 17:12.37. 6, Samantha Campanaro, App St, 17:23.66. 7, Abbey Dixon, Arkansas State, 17:29.01. 8, Stephanie Berger, Georgia State, 17:30.12. 9, Carli Langley, Little Rock, 17:30.65. 10, Arnica Zitting, Arkansas State, 17:42.17. 11, Kelly Trevino, Texas State, 17:45.49. 12, Dana Cox, App St, 17:45.85. 13, Brittany Williams, App St, 18:01.32. 14, Samantha Donovan, Georgia State, 18:10.26. 15, Emily Fedders, App St, 18:18.27. 16, Courtney Musgrove, Louisiana, 18:23.12. 17, Ivy Chastain, South Alabama, 18:31.79. 18, Rebecca Parker, Georgia Southern, 18:48.29. 19, Jordan Townsley, Georgia State, 19:06.09. --, Nuria Ramirez, Georgia State, DNF.

WOMEN 60 METER HURDLES PRELIMINARIES

1, Antonisha Stewart, Texas State, 8.43Q. 2, Kaylee Krenek, Texas State, 8.52Q. 3, Samone Thompson, Arkansas State, 8.56Q. 4, Emenderlyn Iwuji, Arkansas State, 8.72Q. 5, Porschea Wilson, UTA, 8.58q. 6, Tatiyana Rayford, Georgia Southern, 8.71q. 7, Jasmin Fusilier, Louisiana, 8.74q. 8, Trevene Cowan, Arkansas State, 8.76q. 9, Alberta Lucas, South Alabama, 8.78. 10, Imani Chapman, App St, 8.83. 11, Kaitlyn Moreau, Louisiana, 8.84. 12, Abby Hani, Texas State, 8.86. 13, Victoria Johnson, Texas State, 8.88. 14, Taylor Drummonds, App St, 8.89. 15, Latasha Russell, South Alabama, 8.90. 16, Kyla Smith, Texas State, 8.93. 17, Ariel Cain, ULM, 8.93. 18, Davina Lufuluabo, UTA, 8.98. 19, Lacey Marcus, Troy, 8.99. 20, Kala Spinks, Arkansas State, 9.02. 21, Taylor Young, South Alabama, 9.08. 22, Michaela Preachuk, South Alabama, 9.12. 23, Kourtnei Russell, ULM, 9.17. 24, Sydney Henderson, Troy, 9.22. 25, Darragh May, Arkansas State, 9.25. 26, Rian Mobley-Luke, Georgia Southern, 9.34. 27, Ashleigh Rasheed, Georgia Southern, 9.53. --, Tyler Watson, Georgia State, DNF.

WOMEN 60 METER HURDLES FINALS

1, Antonisha Stewart, Texas State, 8.38. 2, Samone Thompson, Arkansas State, 8.44. 3, Kaylee Krenek, Texas State, 8.46. 4, Porschea Wilson, UTA, 8.60. 5, Tatiyana Rayford, Georgia Southern, 8.65. 6, Jasmin Fusilier, Louisiana, 8.71. 7, Emenderlyn Iwuji, Arkansas State, 8.74. 8, Trevene Cowan, Arkansas State, 8.81.

WOMEN 4X400 METER RELAY

1, Texas State 'A' (Tramesha Hardy FR, Sydni Willis SO, Amber Gilmore SR, Esther Oyetunde SO), 3:43.51#. 2, UTA 'A' (Taylor Davis SO, Shaniece Prevot JR, Dasia Rolfe SO, Tamerah Gorham JR), 3:44.30#. 3, Georgia State 'A' (Jasmyne Robinson SR, Ashlan Rosier SO, Sydney Davis FR, Jada Steward JR), 3:47.05. 4, Troy 'A' (Niata Alexander SO, Tiarra Bailey FR, Ashley McDonald FR, Dallas Worthy JR), 3:49.02. 5, Arkansas State 'A' (De'Airis Weakley SO, Erika Christian JR, Kristina Knott SO, Keturah Smith SO), 3:49.17. 6, Louisiana 'A' (Kayla Thompson JR, Hannah Siegmund FR, Danielle Castaldi SR, Alena Hrusoci SO), 3:51.04. 7, South Alabama 'A' (Marina Swanepoel JR, Sara Jernfalt JR, Tiombe James SO, Dominique Gaines SO), 3:51.72. 8, Georgia Southern 'A' (Breanna Thornton FR, Bailey Willett SO, Jillian Sloane FR, Asha Stegall JR), 3:53.00. 9, Little Rock 'A' (Anika Charles JR, Christina Nickerson FR, Rickitha Hicks JR, Bless Dupeh JR), 3:53.46. 10, ULM 'A' (Brittany Miller SR, Devyn Hosby SO, Teona Glave SR, Adrianna Brown JR), 3:55.00. 11, App St 'A' (Imani Chapman FR, Phylissa Greeley SO, Shelby Howell SR, Catherine Crawford JR), 3:58.59.

WOMEN DISTANCE MEDLEY

1, UTA 'A' (Tamerah Gorham JR, Shaniece Prevot JR, Latricia Brooks SR, Katelyn Hayward SR), 11:53.20. 2, App St 'A' (Elisa Sargent FR, Shelby Howell SR, Sarah Hoffert FR, Torre Moser JR), 11:56.37. 3, Texas State 'A' (Nikki Sanchez SO, Sydni Willis SO, Esther Oyetunde SO, Devina Schneider FR), 12:04.74. 4, Georgia State 'A' (Lindsay Shealy FR, Tyler Watson SO, Brianna Archer SO, Nuria Ramirez SO), 12:16.47. 5, Arkansas State 'A' (Kyandra Chandler FR, Anaelle Charles JR, Andrea Perez FR, Arnica Zitting SO), 12:21.13. 6, South Alabama 'A' (Alivia Bryars JR, Marina Swanepoel JR, Kailee Kiminski FR, Nicole Durham JR), 12:22.60. 7, Troy 'A' (Krystin Guirey FR, Ashley McDonald FR, Tiarra Bailey FR, Sara Zylstra SO), 12:31.69. 8, ULM 'A' (Angela Jephchirchir FR, Teona Glave SR, Colby Carey FR, Edith Jebet FR), 12:54.38. 9, Georgia Southern 'A' (Erin Mullican FR, Chantelle Nicholls FR, Jinni Pethel FR, Rebecca Parker SO), 13:36.02. --, Louisiana 'A' (Anna Devitt SR, Kayla Thompson JR, Danielle Castaldi SR, Claire Hodges JR), DNF.

WOMEN HIGH JUMP

1, Chelsie Decoud, Texas State, 1.78m, [5-10]. 2, Hunter Welborn, App St, 1.75m, [5-08.75]. 3, Makayla Roten, App St, 1.72m, [5-07.75]. 4, Gemma Finch, Troy, 1.66m, [5-05.25]. 4, Alexis Henry, UTA, 1.66m, [5-05.25]. 4, Ivery Guyton, Arkansas State, 1.66m, [5-05.25]. 7, Courtney Johnson, Texas State, 1.66m, [5-05.25]. 7, Audrey Florence, App St, 1.66m, [5-05.25]. 9, Valery Lavrusha, UTA, 1.66m, [5-05.25]. 9, Darragh May, Arkansas State, 1.66m, [5-05.25]. 9, Taylor Dames, South Alabama, 1.66m, [5-05.25]. 9, Alex Harrell, Louisiana, 1.66m, [5-05.25]. 13, Raquel Robinson, Texas State, 1.60m, [5-03]. 14, Twandalette Cotton, Georgia Southern, 1.60m, [5-03]. 14, Tori Carter, UTA, 1.60m, [5-03]. 14, Nylah Chavis, Georgia State, 1.60m, [5-03]. 14, Keyanna Harris, Georgia Southern, 1.60m, [5-03]. 18, Lindsey Harmon, Louisiana, 1.60m, [5-03]. --, Hannah Lutrick, ULM, NH. --, Rychlend Martin-Horne, ULM, NH. --, Trevene Cowan, Arkansas State, NH. --, Olivia Swan, South Alabama, NH. --, Kaitlyn Miller, UTA, NH. --, Danielle Johnson, UTA, NH.

WOMEN POLE VAULT

1, Jordan Friz, South Alabama, 4.06m, [13-03.75]. 2, Alexandra Pevtsova, Arkansas State, 3.89m, [12-09]. 3, Kayla Carlile, South Alabama, 3.75m, [12-03.50]. 4, Taylor Drummonds, App St, 3.75m, [12-03.50]. 5, Megan James, South Alabama, 3.61m, [11-10]. 6, Madison Pecot, UTA, 3.61m, [11-10]. 7, Megan Wright, Arkansas State, 3.61m, [11-10]. 8, Ireland Armstrong, South Alabama, 3.61m, [11-10]. 9, Carissa Madson, Troy, 3.47m, [11-04.50]. 9, Danyelle Glass, Texas State, 3.47m, [11-04.50]. 11, Lainey Hunnicutt, App St, 3.47m, [11-04.50]. 11, Caitlyn Dressler, South Alabama, 3.47m, [11-04.50]. 13, Hannah Emery, App St, 3.47m, [11-04.50]. 14, Kristen Baudoin, ULM, 3.33m, [10-11]. --, Alexa Johnson, Louisiana, NH. --, Priscilla Glenn, UTA, NH. --, Makayla Roten, App St, NH. --, Sofia San Miguel, App St, NH.

WOMEN LONG JUMP

1, Jasmin Walker, Georgia Southern, 5.91m, [19-04.75]. 2, Kaitlyn Beans, South Alabama, 5.84m, [19-02]. 3, Chelsey Hargrave, App St, 5.82m, [19-01.25]. 4, Kaytlyn Gill, App St, 5.80m, [19-00.50]. 5, Kristina Knott, Arkansas State, 5.80m, [19-00.50]. 6, Katherine Randolph, Georgia State, 5.76m, [18-10.75]. 7, Darlene Girardeau, App St, 5.75m, [18-10.50]. 8, Samone Thompson, Arkansas State, 5.70m, [18-08.50]. 9, Adrianna Brown, ULM, 5.66m, [18-07]. 10, Emenderlyn Iwuji, Arkansas State, 5.62m, [18-05.25]. 11, Jasmin Fusilier, Louisiana, 5.61m, [18-05]. 12, Kaitlyn Miller, UTA, 5.50m, [18-00.50]. 13, Riley Schwietz, Troy, 5.47m, [17-11.50]. 14, Abby Hani, Texas State, 5.44m, [17-10.25]. 15, Valery Lavrusha, UTA, 5.42m, [17-09.50]. 16, Ashlan Rosier, Georgia State, 5.40m, [17-08.75]. 17, Danielle Livingstone, Georgia State, 5.35m, [17-06.75]. 18, K'Lynn Beal, App St, 5.34m, [17-06.25]. 19, Nia Hill, Georgia Southern, 5.34m, [17-06.25]. 20, Erin Woods, Troy, 5.28m, [17-04]. 21, Ashleigh Rasheed, Georgia Southern, 5.25m, [17-02.75]. 22, Lauren Brogger, Texas State, 5.15m, [16-10.75]. 23, Nesha Defoe, Troy, 5.13m, [16-10]. 24, Twandalette Cotton, Georgia Southern, 5.12m, [16-09.75]. 25, Tyra Gillam, Little Rock, 4.40m, [14-05.25]. --, Kristina Szabo, South Alabama, FOUL.

NUMBER OF TEAM CHAMPIONSHIP TITLES

WOMEN'S TEAM CHAMPIONSHIPS

Team	# of Titles	Years Won
* Western Kentucky	7	2014, 2011, 2010, 2009, 2008, 2007, 2006
* Middle Tennessee	5	2012, 2004, 2003, 2002, 2001
Arkansas State	4	1998, 1995, 1992
Little Rock	3	1997, 1996, 1994
Louisiana	1	1993
South Alabama	1	1999
* North Texas	1	2005
* Louisiana Tech	1	2000
Texas State	1	2015
Appalachian State	1	2016

* - Institution is no longer in the Sun Belt



RECORD BOOK

WOMEN TRIPLE JUMP

1, Kaitlyn Beans, South Alabama, 12.88m, [42-03.25]. 2, Mylana Hearn, Texas State, 12.57m, [41-03]. 3, Kaytlyn Gill, App St, 12.55m, [41-02.25]. 4, Chelsey Hargrave, App St, 12.31m, [40-04.75]. 5, Kristina Szabo, South Alabama, 12.09m, [39-08]. 6, Ashleigh Rasheed, Georgia Southern, 12.07m, [39-07.25]. 7, Ariel Johnson, South Alabama, 12.05m, [39-06.50]. 8, Taylor Walker, Louisiana, 11.95m, [39-02.50]. 9, Jasmin Fusilier, Louisiana, 11.93m, [39-01.75]. 10, Adrianna Brown, ULM, 11.79m, [38-08.25]. 11, K'Lynn Beal, App St, 11.70m, [38-04.75]. 12, Nia Hill, Georgia Southern, 11.61m, [38-01.25]. 13, Nesha Defoe, Troy, 11.48m, [37-08]. 14, Twandalette Cotton, Georgia Southern, 11.19m, [36-08.50]. 15, Erin Woods, Troy, 10.61m, [34-09.75].

WOMEN SHOT PUT

1, LaPorscha Wells, Georgia State, 16.55m#, [54-03.75]. 2, Talore Kelly, Texas State, 16.02m, [52-06.75]. 3, Erin Farmer, Arkansas State, 15.93m, [52-03.25]. 4, Alysiah Whittaker, Georgia State, 15.82m, [51-11]. 5, Julie Lange, Texas State, 15.18m, [49-09.75]. 6, Brianna Tate, App St, 15.05m, [49-04.50]. 7, Tricia Williams, UTA, 14.30m, [46-11]. 8, Calea Carr, Arkansas State, 14.17m, [46-06]. 9, Indiya Summerville, Troy, J14.17m, [46-06]. 10, Bianca Finn, UTA, 13.42m, [44-00.50]. 11, Chloe Lewis, UTA, 13.36m, [43-10]. 12, Alexis Gordon, ULM, 13.25m, [43-05.75]. 13, Dominique Allen, ULM, 13.03m, [42-09]. 14, Jamelia Owens, Georgia Southern, 12.96m, [42-06.25]. 15, Lamia Miller, South Alabama, 12.76m, [41-10.50]. 16, Alexis Gant, Georgia Southern, 11.68m, [38-04]. 17, Alyssa Smith, ULM, 10.40m, [34-01.50]. --, Tisay Woodhouse, Louisiana, FOUL.

WOMEN WEIGHT THROW

1, LaPorscha Wells, Georgia State, 20.06m#, [65-09.75]. 2, Erin Farmer, Arkansas State, 19.34m, [63-05.50]. 3, Tracy Dorecmont, Georgia State, 18.52m, [60-09.25]. 4, Talore Kelly, Texas State, 18.25m, [59-10.50]. 5, Brianna Tate, App St, 17.82m, [58-05.75]. 6, Jaevyn Wortham, Troy, 17.49m, [57-04.75]. 7, Kelsey Arnold, Georgia Southern, 17.27m, [56-08]. 8, Alexis Gordon, ULM, 17.20m, [56-05.25]. 9, India McWhorter, App St, 17.17m, [56-04]. 10, Julie Lange, Texas State, 16.84m, [55-03]. 11, Amie Leitko, Louisiana, 16.77m, [55-00.25]. 12, Alysiah Whittaker, Georgia State, 16.71m, [54-10]. 13, Tisay Woodhouse, Louisiana, 16.53m, [54-02.75]. 14, Chloe Lewis, UTA, 16.48m, [54-01]. 15, Bianca Finn, UTA, 16.45m, [53-11.75]. 16, Alexandria Jackson, Georgia State, 16.24m, [53-03.50]. 17, Darashai Brock, ULM, J16.24m, [53-03.50]. 18, Allison Taylor, Troy, 15.97m, [52-04.75]. 19, Tricia Williams, UTA, 15.81m, [51-10.50]. 20, Michaela Preachuk, South Alabama, 15.46m, [50-08.75]. 21, Lamia Miller, South Alabama, 14.92m, [48-11.50]. 22, Calea Carr, Arkansas State, 14.83m, [48-08]. 23, Amanda Ashley, ULM, 12.90m, [42-04]. 24, Alexis Gant, Georgia Southern, 12.79m, [41-11.50].

INDOOR PENTATHLON: #5 WOMEN 800 METER RUN INDOOR PENTATHLON

1, Gemma Finch, Troy, 2:18.59#. 2, Gracie Damron, Arkansas State, 2:23.60#. 3, Samone Thompson, Arkansas State, 2:27.37. 4, Abby Hani, Texas State, 2:29.70. 5, Riley Schwietz, Troy, 2:30.21. 6, Payton Simpson, ULM, 2:33.77. 7, Kaitlyn Moreau, Louisiana, 2:33.82. 8, Chandler Kelly, Arkansas State, 2:37.57. 9, Lauren Brogger, Texas State, 2:37.82. 10, Danielle Johnson, UTA, 2:38.84. 11, Alex Morrow, Louisiana, 2:39.30. 12, Jasmin Fusilier, Louisiana, 2:40.77. 13, Kaitlyn Miller, UTA, 2:41.85. 14, Alex Harrell, Louisiana, 2:41.96. 15, Elizabeth Locklier, Troy, 2:42.19. 16, Olivia Swan, South Alabama, 2:47.39. 17, Kyla Smith, Texas State, 2:52.03. 18, Danielle Livingstone, Georgia State, 2:53.79. --, Alexis Henry, UTA, DNF.

INDOOR PENTATHLON: #1 WOMEN 60 METER HURDLES INDOOR PENTATHLON

1, Samone Thompson, Arkansas State, 8.56#. 2, Jasmin Fusilier, Louisiana, 8.75#. 3, Abby Hani, Texas State, 8.82#. 4, Kaitlyn Moreau, Louisiana, 8.93*. 5, Kyla Smith, Texas State, 8.95*. 6, Danielle Livingstone, Georgia State, 8.96*. 7, Kaitlyn Miller, UTA, 9.01. 8, Taylor Young, South Alabama, 9.07. 9, Gracie Damron, Arkansas State, 9.14. 10, Riley Schwietz, Troy, 9.32. 11, Gemma Finch, Troy, 9.37. 12, Chandler Kelly, Arkansas State, 9.39. 13, Lauren Brogger, Texas State, 9.40. 14, Alex Morrow, Louisiana, 9.45. 15, Alex Harrell, Louisiana, 9.56. 16, Olivia Swan, South Alabama, 9.85. 17, Alexis Henry, UTA, 9.91. 18, Elizabeth Locklier, Troy, 10.08. 19, Danielle Johnson, UTA, 10.12. 20, Payton Simpson, ULM, 10.12.

INDOOR PENTATHLON: #2 WOMEN HIGH JUMP INDOOR PENTATHLON

1, Alexis Henry, UTA, 1.82m#, [5-11.50]. 2, Gemma Finch, Troy, 1.67m, [5-05.75]. 3, Alex Harrell, Louisiana, 1.64m, [5-04.50]. 3, Samone Thompson, Arkansas State, 1.64m, [5-04.50]. 3, Olivia Swan, South Alabama, 1.64m, [5-04.50]. 6, Jasmin Fusilier, Louisiana, 1.61m, [5-03.25]. 6, Kaitlyn Miller, UTA, 1.61m, [5-03.25]. 8, Kyla Smith, Texas State, 1.58m, [5-02.25]. 9, Alex Morrow, Louisiana, 1.49m, [4-10.50]. 9, Riley Schwietz, Troy, 1.49m, [4-10.50]. 9, Elizabeth Locklier, Troy, 1.49m, [4-10.50]. 12, Taylor Young, South Alabama, 1.46m, [4-09.50]. 12, Danielle Johnson, UTA, 1.46m, [4-09.50]. 12, Chandler Kelly, Arkansas State, 1.46m, [4-09.50]. 12, Danielle Livingstone, Georgia State, 1.46m, [4-09.50]. 12, Lauren Brogger, Texas State, 1.46m, [4-09.50]. 17, Gracie Damron, Arkansas State, 1.43m, [4-08.25]. 18, Kaitlyn Moreau, Louisiana, 1.40m, [4-07]. 18, Abby Hani, Texas State, 1.40m, [4-07]. 20, Payton Simpson, ULM, 1.37m, [4-06].

INDOOR PENTATHLON: #4 WOMEN LONG JUMP INDOOR PENTATHLON

1, Samone Thompson, Arkansas State, 5.60m*, [18-04.50]. 2, Danielle Livingstone, Georgia State, 5.56m*, [18-03]. 3, Abby Hani, Texas State, 5.49m, [18-00.25]. 4, Kaitlyn Miller, UTA, 5.48m, [17-11.75]. 5, Gracie Damron, Arkansas State, 5.40m, [17-08.75]. 6, Jasmin Fusilier, Louisiana, 5.38m, [17-08]. 7, Kaitlyn Moreau, Louisiana, 5.31m, [17-05.25]. 8, Kyla Smith, Texas State, 5.30m, [17-04.75]. 9, Riley Schwietz, Troy, 5.21m, [17-01.25]. 10, Gemma Finch, Troy, 5.13m, [16-10]. 11, Alex Morrow, Louisiana, 5.02m, [16-05.75]. 12, Lauren Brogger, Texas State, 4.98m, [16-04.25]. 13, Taylor Young, South Alabama, 4.94m, [16-02.50]. 14, Danielle Johnson, UTA, 4.83m, [15-10.25]. 15, Alex Harrell, Louisiana, 4.80m, [15-09]. 16, Alexis Henry, UTA, 4.72m, [15-06]. 17, Payton Simpson, ULM, 4.64m, [15-02.75]. 18, Elizabeth Locklier, Troy, 4.60m, [15-01.25]. 19, Chandler Kelly, Arkansas State, 4.58m, [15-00.50]. 20, Olivia Swan, South Alabama, 4.53m, [14-10.50].

INDOOR PENTATHLON: #3 WOMEN SHOT PUT INDOOR PENTATHLON

1, Kaitlyn Moreau, Louisiana, 12.84m, [42-01.50]. 2, Alex Harrell, Louisiana, 10.62m, [34-10.25]. 3, Alexis Henry, UTA, 10.55m, [34-07.50]. 4, Jasmin Fusilier, Louisiana, 10.36m, [34-00]. 5, Abby Hani, Texas State, 10.24m, [33-07.25]. 6, Danielle Livingstone, Georgia State, 10.13m, [33-03]. 7, Riley Schwietz, Troy, 9.97m, [32-08.50]. 8, Samone Thompson, Arkansas State, 9.88m, [32-05]. 9, Alex Morrow, Louisiana, 9.80m, [32-02]. 10, Gracie Damron, Arkansas State, 9.39m, [30-09.75]. 11, Taylor Young, South Alabama, 8.88m, [29-01.75]. 12, Kaitlyn Miller, UTA, 8.85m, [29-00.50]. 12, Danielle Johnson, UTA, 8.85m, [29-00.50]. 14, Chandler Kelly, Arkansas State, 8.74m, [28-08.25]. 15, Olivia Swan, South Alabama, 8.71m, [28-07]. 16, Gemma Finch, Troy, 8.49m, [27-10.25]. 17, Kyla Smith, Texas State, 8.26m, [27-01.25]. 18, Payton Simpson, ULM, 7.39m, [24-03]. 19, Lauren Brogger, Texas State, 7.36m, [24-01.75]. 20, Elizabeth Locklier, Troy, 7.04m, [23-01.25].

WOMEN INDOOR PENTATHLON

1, Samone Thompson, Arkansas State, 3764. 2, Gemma Finch, Troy, 3521. 3, Jasmin Fusilier, Louisiana, 3492. 4, Kaitlyn Moreau, Louisiana, 3445. 5, Abby Hani, Texas State, 3399. 6, Gracie Damron, Arkansas State, 3361. 7, Kaitlyn Miller, UTA, 3355. 8, Riley Schwietz, Troy, 3288. 9, Alex Harrell, Louisiana, 3206. 10, Danielle Livingstone, Georgia State, 3175. 11, Kyla Smith, Texas State, 3134. 12, Alex Morrow, Louisiana, 3090. 13, Lauren Brogger, Texas State, 2915. 14, Chandler Kelly, Arkansas State, 2903. 15, Olivia Swan, South Alabama, 2895. 16, Danielle Johnson, UTA, 2821. 17, Alexis Henry, UTA, 2783. 18, Elizabeth Locklier, Troy, 2647. 19, Payton Simpson, ULM, 2641.



RECORD BOOK

WOMEN'S CONFERENCE CHAMPIONS

Table with columns: YEAR, CHAMPION, POINTS, RUNNER-UP, SITE. Lists champions from 1992 to 2016.

1996 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1996.

Outstanding Meet Performer

Dawn Williams, Little Rock

Top Scoring Performer

Dawn Williams, Little Rock (22.5 pts)

Coach of the Year

Rodney Rothoff, Little Rock

1997 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1997.

Outstanding Meet Performer

April Malveo, Louisiana Tech

Top Scoring Performer

Dawn Williams-Sewer, Little Rock (24.5 pts)

Coach of the Year

Rodney Rothoff, Little Rock

1998 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1998.

Outstanding Meet Performer

April Malveo, Louisiana Tech

Top Scoring Performer

Laura Martin, South Alabama (28 pts)

Coach of the Year

Jay Flanagan, Arkansas State

1999 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1999.

Outstanding Meet Performer

Tayna Lawrence, FIU

Top Scoring Performer

Rebecca Beverly, South Alabama (26.5 pts)

Coach of the Year

Brad Bowman, South Alabama

WOMEN'S INDOOR TRACK & FIELD TEAM RESULTS

1992 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 9 performers for 1992.

Outstanding Meet Performer

Breeda Dennehy, Western Kentucky

Coach of the Year

Jay Flanagan, Arkansas State

1993 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1993.

Outstanding Meet Performer

Twilet Malcom, Louisiana

Coach of the Year

Charles Lancon, Louisiana

1994 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1994.

Outstanding Meet Performer

Coleen Kenney, South Alabama

Coach of the Year

Rodney Rothoff, Little Rock

1995 (Convocation Center, Jonesboro, Ark.)

Table with columns: Rank, School, Points. Lists top 10 performers for 1995.

Outstanding Meet Performer

Keisha Owens, Louisiana

Coach of the Year

Jay Flanagan, Arkansas State



RECORD BOOK

WOMEN'S INDOOR TRACK & FIELD TEAM RESULTS

2000 (Convocation Center, Jonesboro, Ark.)

1	Louisiana Tech	117
2	Arkansas State	87.5
3	FIU	83
4	New Orleans	79.5
5	South Alabama	77
6	Western Kentucky	71
7	Louisiana	36
8	Little Rock	33

Outstanding Meet Performer
Valerie Lynch, Western Kentucky
Anita Edwards, FIU

Top Scoring Performer
Elena Semynova, Arkansas State (24 pts)

Coach of the Year
Gary Stanley, Louisiana Tech

2001 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	102.5
2	FIU	88
3	Arkansas State	86
4	Louisiana Tech	64
5	South Alabama	57
6	North Texas	46
7	New Orleans	44
8	Little Rock	43
9	Western Kentucky	40.5
10	New Mexico State	33
11	Louisiana	19

Outstanding Meet Performer
Kim Freeman, Middle Tennessee

Top Scoring Performer
Jerkita McClorin, Middle Tennessee

Coach of the Year
Dean Hayes, Middle Tennessee

2002 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	138
2	North Texas	81
3	FIU	70.5
4	Western Kentucky	66
5	New Mexico State	60.5
6	South Alabama	56
7	Arkansas State	51
8	Louisiana	46
9	Little Rock	43
10	New Orleans	12

Outstanding Field Performer
Kim Freeman, Middle Tennessee
Letitia Eady, Middle Tennessee

Outstanding Track Performer
Vronique Wilson, FIU

Top Scoring Performer
Leah Thorvilson, Little Rock (24 pts)

Coach of the Year
Dean Hayes, Middle Tennessee

2003 (Convocation Center, Jonesboro, Ark.)

1	Middle Tennessee	108
2	North Texas	99
3	FIU	98
4	Western Kentucky	95
5	New Mexico State	67
6	Arkansas State	56
7	South Alabama	36
8	New Orleans	25
9	Louisiana	21
10	Little Rock	18

Outstanding Field Performer
Isela Mendoza, Arkansas State

Outstanding Track Performer
Rosemary Okafor, Middle Tennessee

Top Scoring Performer
Bonita Paul, Western Kentucky (24 pts)

Coach of the Year
Dr. Curtiss Long, Western Kentucky

2004 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	124
2	North Texas	99.5
3	South Alabama	87
4	FIU	84
5	Western Kentucky	81
6	New Mexico State	54.5
7	Louisiana	38
8	Arkansas State	29
9	New Orleans	16
10	Little Rock	11

Outstanding Field Performer
Linda Louissaint, FIU

Outstanding Track Performer
Jessica Schmidt, North Texas

Top Scoring Performer
Jessica Schmidt, North Texas (26 pts)

Coach of the Year
Dean Hayes, Middle Tennessee

2005 (Convocation Center, Jonesboro, Ark.)

1	North Texas	111
2	Western Kentucky	108.5
3	Middle Tennessee	96
4	FIU	80
5	New Mexico State	57
6	Arkansas State	50
7	South Alabama	38.5
8	New Orleans	38
9	Little Rock	25
10	Louisiana	19

Outstanding Field Performer
Rhonda Williams, North Texas
Elisa Dieme-Erlich, FIU
Courtney Wood, Western Kentucky

Outstanding Track Performer
Sheri-Ann Brooks, FIU

Top Scoring Performer
Cara Nichols, Western Kentucky (21 pts)

Coach of the Year
Rick Watkins, North Texas

2006 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	115.5
2	North Texas	97
3	FIU	93
4	South Alabama	91.5
5	Middle Tennessee	70
6	New Orleans	66
7	Little Rock	48.5
8	Troy	42.5
9	Arkansas State	26
10	Louisiana	13

Outstanding Field Performer
Brandi Stanfield, North Texas

Outstanding Track Performer
Donita Harmon, FIU

Freshman of the Year
Brandi Stanfield, North Texas

Top Scoring Performer
Diana Jipchirchir, New Orleans (25 pts)

Coach of the Year
Dr. Curtiss Long, Western Kentucky

2007 (Convocation Center, Jonesboro, Ark.)

1	Western Kentucky	126
2	FIU	98.75
3	Middle Tennessee	87
4	North Texas	79.5
5	South Alabama	62.25
6	Arkansas State	57.25
7	Troy	54
8	Florida Atlantic	42
9	Little Rock	27
10	ULM	22.25
11	Louisiana	7

Outstanding Field Performer
Amy Felddermann, Arkansas State

Outstanding Track Performer
Friederike "Iki" Feil, Florida Atlantic

Freshman of the Year
Friederike "Iki" Feil, Florida Atlantic

Top Scoring Performer
Janet Jesang, Western Kentucky (22 pts)

Coach of the Year
Dr. Curtiss Long, Western Kentucky

2008 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	149
2	Middle Tennessee	95
3	North Texas	93
4	FIU	86
5	Troy	55
5	Florida Atlantic	55
7	Arkansas State	43
8	ULM	41
9	South Alabama	25
10	Louisiana	15
11	Little Rock	6

Outstanding Field Performer
Sarah Nambawa, Middle Tennessee

Outstanding Track Performer
Tawanna Meadows, Troy
Janet Jesang, Western Kentucky

Freshman of the Year
Alysha Adams, North Texas

Top Scoring Performer
Janet Jesang, Western Kentucky (30 pts)

Coach of the Year
Erik Jenkins, Western Kentucky



RECORD BOOK

WOMEN'S INDOOR TRACK & FIELD TEAM RESULTS

2009 (Convocation Center, Jonesboro, Ark.)

1	Western Kentucky	142
2	Middle Tennessee	93
3	Florida Atlantic	86
4	Arkansas State	80.5
5	North Texas	73
6	Troy	51.5
7	ULM	40.5
8	Little Rock	32
9	South Alabama	23.5
10	FIU	21
11	Louisiana	20

Outstanding Field Performer
Sarah Nambawa, Middle Tennessee

Outstanding Track Performer
Valerie Brown, Western Kentucky

Freshman of the Year
Sharika Smith, Western Kentucky

Top Scoring Performer
Amy Bowman, Arkansas State (26 pts)

Coach of the Year
Erik Jenkins, Western Kentucky

2010 (Murphy Center, Murfreesboro, Tenn.)

1	Western Kentucky	179.33
2	Middle Tennessee	110
3	North Texas	104.33
4	Arkansas State	64
5	Troy	39.33
6	Florida Atlantic	38.5
7	ULM	35
8	South Alabama	33
9	FIU	28
10	Little Rock	17
11	Louisiana	14.5

Outstanding Field Performer
Brittany Cox, Middle Tennessee

Outstanding Track Performer
Janet Jesang, Western Kentucky

Freshman of the Year
Ja-Courtney Alexander, Troy

Top Scoring Performer
Cherice Robertson, Middle Tennessee (27 pts)

Coach of the Year
Erik Jenkins, Western Kentucky

2011 (Convocation Center, Jonesboro, Ark.)

1	Western Kentucky	132.5
2	Arkansas State	98.5
3	North Texas	87.5
4	Middle Tennessee	74
5	FIU	68
6	Florida Atlantic	57
7	Louisiana	44.5
8	Troy	36
9	South Alabama	33.5
10	ULM	25.5
11	Little Rock	6

Outstanding Field Performer
Monteka Flowers, Western Kentucky

Outstanding Track Performer
Jasmine Anderson, Louisiana

Freshman of the Year
Sharika Nelvis, Arkansas State

Top Scoring Performer
Jasmine Anderson, Louisiana (28.25 pts)

Coach of the Year
Lon Badeaux, Arkansas State

2012 (Murphy Center, Murfreesboro, Tenn.)

1	Middle Tennessee	108
2	North Texas	107
3	FIU	102
4	Arkansas State	83.5
5	Western Kentucky	82
6	South Alabama	63.5
7	Louisiana	36.5
8	Florida Atlantic	32.5
9	Troy	21
10	Little Rock	15
11	ULM	12

Outstanding Field Performer
Jasmine Manuel, Louisiana

Outstanding Track Performer
Sara Dietz, North Texas

Freshman of the Year
Raqurra Ishmar, FIU

Top Scoring Performer
Sharika Nelvis, Arkansas State (33 pts)

Coach of the Year
Carl Sheffield, North Texas

2013 (Convocation Center, Jonesboro, Ark.)

1	Arkansas State	122.5
2	North Texas	117.5
3	FIU	103
4	Middle Tennessee	87.5
5	Western Kentucky	73
6	South Alabama	62.5
7	Georgia State	31
8	Louisiana	31
9	Florida Atlantic	25
10	Troy	10

Outstanding Field Performer
Ann Dudley, Middle Tennessee

Outstanding Track Performer
Sharika Nelvis, Arkansas State

Freshman of the Year
Christina Taylor, North Texas

Top Scoring Performer
Sharika Nelvis, Arkansas State (40.5 pts)

Coach of the Year
Jim Patchell, Arkansas State

2014 (CrossPlex, Birmingham, Ala.)

1	Western Kentucky	169
2	Texas State	121
3	Arkansas State	78.5
4	Louisiana	75
5	Georgia State	70
6	UTA	69.5
7	South Alabama	52
8	Little Rock	13
9	Troy	8
10	ULM	7

Outstanding Field Performer
Jessica Ramsey, Western Kentucky

Outstanding Track Performer
Sharika Nelvis, Arkansas State

Freshman of the Year
Sandra Akachukwu, Western Kentucky

Top Scoring Performer
Sharika Nelvis, Arkansas State (40 pts)

Coach of the Year
Erik Jenkins, Western Kentucky



RECORD BOOK

WOMEN'S INDOOR TRACK & FIELD TEAM RESULTS

2015 (CrossPlex, Birmingham, Ala.)

1	Texas State	147.5
2	Arkansas State	117.5
3	Louisiana	90.5
4	UTA	87
5	Georgia State	82.5
6	Appalachian State	54
7	Little Rock	28
8	South Alabama	20
9	ULM	12
9	Troy	12
11	Georgia Southern	8

Outstanding Field Performer

Allie Saunders, Texas State

Outstanding Track Performer

Emma Dahl, Little Rock

Freshman of the Year

Kristin Knott, Arkansas State

Top Scoring Performer

Emma Dahl, Little Rock (28 pts)

Coach of the Year

Dana Boone, Texas State

2016 (CrossPlex, Birmingham, Ala.)

1	Appalachian State	101.5
2	Texas State	99.5
3	Arkansas State	96
4	Georgia State	82
4	South Alabama	82
6	UTA	65
7	Troy	42
8	Little Rock	32
8	Louisiana	32
10	Georgia Southern	28
11	ULM	2

Outstanding Field Performer

LaPorscha Wells, Georgia State

Outstanding Track Performer

Tristan Van Ord, Appalachian State

Freshman of the Year

Tramesha Hardy, Texas State

Top Scoring Performer

Noora Wallenius, Little Rock (26 pts)

Coach of the Year

John Weaver, Appalachian State



RECORD BOOK

MEN'S INDOOR TRACK & FIELD RECORDS

55 METERS			
SBC Champ	6.24s	Chris Johnson, Little Rock	2005
		Keyth Talley, North Texas	02.28.10
SBC Season	6.18s	Chris Johnson, Little Rock	01.12.02
60 METERS			
SBC Champ	6.65s	Rafael Scott, South Alabama	02.22.16
SBC Season	6.64s	Rafael Scott, South Alabama	03.11.16
55 METER HURDLES			
SBC Champ	7.15s	Ronald Forbes, FIU	02.08.08
SBC Season	7.15s	Ronald Forbes, FIU	02.23.08
60 METER HURDLES			
SBC Champ	7.99s	Jamil Peebles, Arkansas State	02.22.16
SBC Season	7.15s	Ronald Forbes, FIU	02.23.08
200 METERS			
SBC Champ	20.98s	Keyth Talley, North Texas	02.27.10
SBC Season	20.91s	Noah Akwu, Middle Tennessee	01.11.13
400 METERS			
SBC Champ	46.98s	Godfrey Herring, Middle Tennessee	02.25.01
SBC Season	46.41s	Godfrey Herring, Middle Tennessee	03.09.02
800 METERS			
SBC Champ	1:51.04s	Emil Blomberg, UTA	02.24.2015
SBC Season	1:48.45s	Lamont Leach, La. Tech	1995
MILE			
SBC Champ	4:09.75s	Emil Blomberg, UTA	02.24.2015
SBC Season	4:02.69s	Vincent Rono, South Alabama	02.03.06
3,000 METERS			
SBC Champ	8:11.80s	Joseph Chebet, Western Kentucky	2.25.12
SBC Season	7:52.64s	David Kimani, South Alabama	01.22.00
5,000 METERS			
SBC Champ	14:06.94s	Zac Edwards, South Alabama	03.01.09
SBC Season	13:42.23s	David Kimani, South Alabama	02.12.00
4x400 METER RELAY			
SBC Champ	3:11.87s	Western Kentucky	2.24.14
SBC Season	3:07.61s	Western Kentucky	2008
DISTANCE MEDLEY RELAY			
SBC Champ	9:57.24s	South Alabama	2005
SBC Season	9:36.91s	South Alabama	03.03.06
HIGH JUMP			
SBC Champ	2.20m [7'2.5"]	Ketric Patton, Louisiana	1997
SBC Season	2.27m [7'5.25"]	Sam Hill, Arkansas State	1995
POLE VAULT			
SBC Champ	5.45m [17'10.75"]	Kelly Riley, Arkansas State	1992
SBC Season	5.45m [17'10.75"]	Kelly Riley, Arkansas State	1992
		Sean Collins, South Alabama	03.11.16
LONG JUMP			
SBC Champ	7.87m [25'10"]	Aaron George, Texas State	02.23.15
SBC Season	7.97m [26'1.75"]	Roelf Pienaar, Arkansas State	02.13.15
TRIPLE JUMP			
SBC Champ	16.33m [53'7"]	Ndabe Mdlongwa, Louisiana	1994
SBC Season	16.67m [54'8.25"]	Larry Moore, Louisiana	1992
SHOT PUT			
SBC Champ	19.61m [64'4"]	Richard Chavez, Arkansas State	02.23.15
SBC Season	20.06m [65'9.75"]	Richard Chavez, Arkansas State	12.01.13
35-LB WEIGHT THROW			
SBC Champ	21.05m [69'0.75"]	Justin Victor, Louisiana	02.24.14
SBC Season	22.04m [72'3.75"]	Candon Powell, Arkansas State	2005
HEPTATHLON			
SBC Champ	5,368 points	Sander Maes, Louisiana	02.25.12-02.26.12
SBC Season	5,423 points	Will Oliver, Arkansas State	01.27.12-01.28.12

WOMEN'S INDOOR TRACK & FIELD RECORDS

55 METERS			
SBC Champ	6.77s	Tayna Lawrence, FIU	02.22.99
SBC Season	6.75s	Sheri-Ann Brooks, FIU	02.26.05
60 METERS			
SBC Champ	7.28	Sharika Nelvis, Arkansas State	02.24.14
SBC Season	7.28	Kristina Knott, Arkansas State	02.07.16
55 METER HURDLES			
SBC Champ	7.66s	Sharika Nelvis, Arkansas State	02.25.12
SBC Season	7.66s	Sharika Nelvis, Arkansas State	02.25.12
60 METER HURDLES			
SBC Champ	8.03	Sharika Nelvis, Arkansas State	02.24.14
200 METERS			
SBC Champ	23.45s	Sheri-Ann Brooks, FIU	02.28.05
SBC Season	23.18s	Tayna Lawrence, FIU	03.05.99
400 METERS			
SBC Champ	53.28s	Valerie Brown, Western Kentucky	02.28.09
SBC Season	52.74s	Valerie Brown, Western Kentucky	03.13.09
800 METERS			
SBC Champ	2:09.24s	Tamerah Gorham, UTA	02.24.14
SBC Season	2:04.91s	Dawn Williams-Sewer, Little Rock	03.09.96
MILE			
SBC Champ	4:48.27s	ZamZam Sangau, Middle Tennessee	2008
SBC Season	4:38.28s	Ida Nilsson, LITTLE ROCK	01.27.01
3,000 METERS			
SBC Champ	9:34.11s	Friederike Feil, Florida Atlantic	02.27.11
SBC Season	9:11.09s	Janet Jesang, Western Kentucky	01.15.10
5,000 METERS			
SBC Champ	16:39.75s	Tristin Van Ord, Appalachian State	02.24.15
SBC Season	16:01.77s	Janet Jesang, Western Kentucky	2009
4x400 METER RELAY			
SBC Champ	3:43.51s	Texas State	02.22.16
SBC Season	3:35.38s	Western Kentucky	02.28.09
DISTANCE MEDLEY RELAY			
SBC Champ	11:29.63s	Little Rock	02.25.01
SBC Season	11:29.63s	Little Rock	02.25.01
HIGH JUMP			
SBC Champ	1.87m [6'1.5"]	Ann Dudley, Middle Tennessee	02.24.13
SBC Season	1.80m [6'0"]	Ann Dudley, Middle Tennessee	12.10.11
		Chelsie Decoud, Texas State	01.28.17
POLE VAULT			
SBC Champ	4.15m [13'7.25"]	Stephanie Foreman, Arkansas State	02.28.11
SBC Season	4.20m [13'9.25"]	Helen Falda, UTA	02.10.17
LONG JUMP			
SBC Champ	6.32m [20'9"]	Sharika Nelvis, Arkansas State	02.25.13
SBC Season	6.36m [20'10.5"]	Sarah Nambawa, Middle Tennessee	12.12.09
TRIPLE JUMP			
SBC Champ	13.62m [44'8.25"]	Sarah Nambawa, Middle Tennessee	02.23.08
SBC Season	13.62m [44'8.25"]	Sarah Nambawa, Middle Tennessee	02.14.09
SHOT PUT			
SBC Champ	16.55m [53'3.75"]	LaPorscha Wells, Georgia State	02.22.16
SBC Season	17.80m [58'4.75"]	Erin Farmer, Arkansas State	01.20.17
20-LB WEIGHT THROW			
SBC Champ	20.06m [65'9.75"]	LaPorscha Wells, Georgia State	02.22.16
SBC Season	22.53m [73'11"]	LaPorscha Wells, Georgia State	01.22.17
PENTATHLON			
SBC Champ	3,996 points	Lindsay Schwartz, South Alabama	02.25.12
SBC Champ	3,996 points	Lindsay Schwartz, South Alabama	02.25.12